

Conley Outreach Community Services



Caring for the Heart of Community



Annual Report

2010

Mission Statement

Conley Outreach Community Services is a 501 c (3) not-for-profit organization devoted to *“Caring for the Heart of Community”*. Our mission is to provide and coordinate community mental health and human service programs in rural Western Kane County by understanding community needs, creating systems of support, and collaborating with other community and faith-based partners.

We are humbly committed to:

- caring for our communities and its residents
- loving our neighbors unconditionally
- sharing life's burdens prayerfully and
- trusting God's direction patiently

We strive to work collaboratively with a diverse cross-section of community minded individuals and organizations to develop programs and services that meet the emerging needs of this rapidly growing area.



We seek to be:

- a catalyst for community development
- a hub for human services, and
- a place for nurturing the lives of individuals, families and neighborhoods

We hope, through the Habitat for Community at the Conley Farm to preserve the rural traditions of Western Kane County and integrate traditional farming practices into holistic mental health services.

A Message from the Executive Director

Dear Friends of Conley Outreach,

As most of you know, Bruce Conley, Founder and Executive Director of Conley Outreach Community Services passed away this past year on September 11. While we mourn his death, we celebrate the gift that he was to this community. We miss his quick smile, gentle spirit and kind words. We remember with joy the lessons we have learned from him---the ones he spoke to us, the ones he wrote for us and the ones he lived before us.

Bruce's legacy will live on through all of us who were touched and changed by his life. I've always thought of Bruce as George Bailey --- humble, selfless, able to laugh at himself, and totally unaware of the impact he had on others' lives. And like George Bailey, he truly had "A Wonderful Life". I am so grateful that over the past year, our community had the opportunity to reflect back to Bruce a fraction of the love he so freely gave to us.

Conley Outreach continues to honor Bruce's memory as it expands its services to meet the growing needs of the community and fulfill the vision of its founder. *Caring for the Heart of Community* was the byline Bruce coined over 10 years ago. This is more than just a motto; it is what we do each and every day. In 2010 Conley Outreach touched the lives of over 1,875 people through our West Towns Network, Community Care Team, grief support programs and benevolence funds. Thanks to donations from friends all over the country, we were able to purchase a much needed John Deere gator for the Conley Farm. And thanks to a dedicated team of volunteers, we were able to offer our first Good Grief Day Camp in June. Bruce was in his glory, giving kids gator rides while sharing his unique perspective on grief, healing and hope. I'm not sure the kids realized that on that gator that week they were "entertaining angels unaware", but we volunteers did. We most certainly did.

Sincerely,

Carol Werdin Alfrey

Carol Werdin Alfrey, Ph.D.

Executive Director

In Loving Memory



Bruce Conley, Founder and Executive Director

Bruce H. Conley, age 60, passed away Saturday, September 11, 2010 at his home surrounded by his loving family. Bruce finished the race and claimed the promises of his Savior to whom he long ago gave his heart and who guided and sustained Bruce through all of his life. He has fought the good fight, he has finished the race.

Throughout his career, Bruce was passionate about helping grieving people. In 1975 he penned what would be the first of many publications to understand and cope with death and loss. His writing continued to comfort and inspire others up until his death through his postings on Caring Bridge.

In addition to his writings, Bruce will be remembered for his ministry of caring at the Conley Funeral Home and the many organizations that he helped found, including Conley Outreach Community Services, The Center for Rural Psychology, Compassionate Friends, Survivors of Suicide, Fox Valley Volunteer Hospice and DeKalb Hospice.

Board of Directors and Staff

Board of Directors

Allen Miller	President
Claudia Tremaine	Vice President
Marjorie Anderson	Secretary/Treasurer
William King, Jr.	Member
Daniel LaJeunesse	Member
Lynn Meredith	Member

Staff

Carol Werdin Alfrey, Ph.D.	Executive Director
Laura Ryan, B.S.	West Towns Assistant
Wendy Peck, M.S., LCSW	Community Care Team Coordinator
Tigger Kainz	Bereavement Specialist /Farm Coordinator
Lora Windsor, LCSW	Bereavement Support Group Facilitator
Kim Wendling, B.S.	Financial Agent

“I am very proud to be part of the Conley Outreach organization. As a Board Member, I get to see first-hand all of the wonderful work COCS does. Under the professional and skillful direction of Carol Alfrey, our Executive Director, there are well over a thousand community members served each year. Whether it be problem analysis and guidance through West Towns, community assistance through the Community Care Team, or grief counseling through Bereavement Services; COCS provides a unique service to the community – one that is highly appreciated by those it serves. COCS is continually looking for opportunities and areas of need within the community, striving to meet its ever-changing requirements. It is not only an organization for the community, it is an organization by the community – with a large number of volunteers contributing time and funds to help keep programs going from year-to-year. We regretfully lost our founder this year, Bruce Conley. Although he is greatly missed, with the help of God and this community we will continue to grow the seed that he planted – until it grows into a huge tree with many branches, able to cover the needs of those around us.”

--Allen Miller, Board President

Programs & Services

Grief Support

- **Friendship Night** - support group for adults grieving any type of death loss
- **Mourning After** - support group for younger widows/widowers or those who have lost a life partner
- **Grieving Parent Support** - group for any parent who has lost a child, no matter how long ago the loss occurred or the age of the child at the time of death
- **Good Time Out/Grief Time Out (GTO)** - special monthly grief events for children, teens and families
- **Good Grief Day Camp** - weeklong camp for children ages 6-12 who have lost a parent or a sibling
- **Grief Share Seminar/Support Group** – 13 week session featuring Christian experts on grief and recovery from a Biblical perspective
- **On Site Crisis Assistance** – help for schools, businesses and other groups experiencing a traumatic loss



Community Services

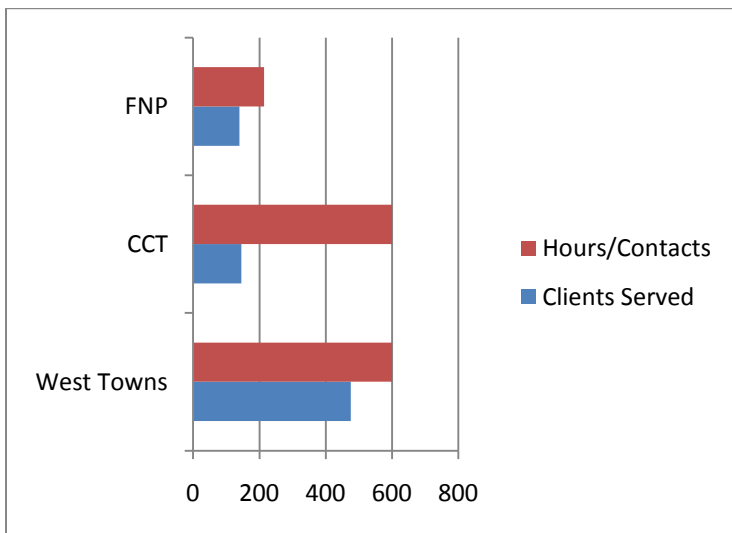
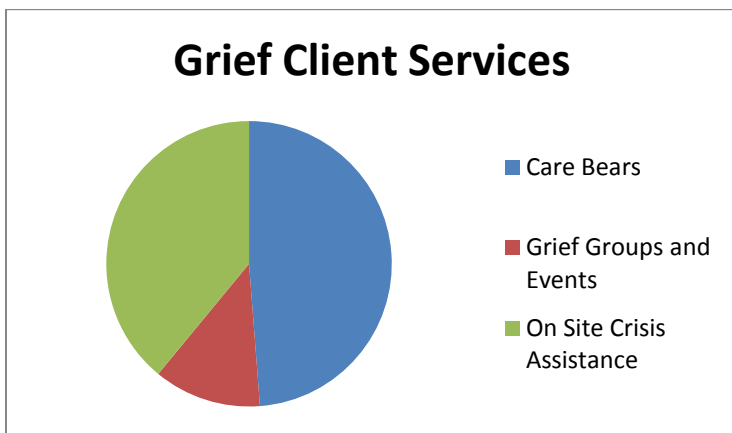
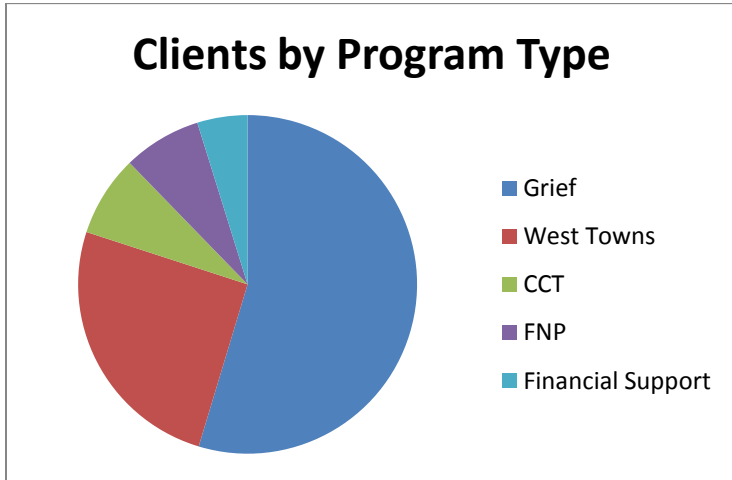
- **The Family Nurturing Program** - information and support to parents of preschool special needs children through a series of Parent Coffee Talks and Family Fun Nights
- **The Community Care Team** – a network of adult natural helpers who receive specialized training in how to effectively listen, respond, and refer friends and neighbors for help and assist area residents through a variety of volunteer opportunities.
- **Emergency Assistance Program** – limited, short-term financial assistance to local individuals through the Good Samaritan Fund, Holiday Spirit and Salvation Army Extension Services.



West Towns Human Services

- **Referral and Advocacy** – free, confidential resource and referral service links area residents to over 80 health and human agencies in Kane, Kendall & DeKalb counties
- **Two Local Offices** – space available for area mental health providers to see clients close to home in Elburn and Sugar Grove
- **West Towns Community Resource Team** – group of 20 local agencies that meet monthly to discuss service needs in rural western Kane County.

Demographics



In FY2010 Conley Outreach touched over 1875 lives in our community.

475 families were linked to over 85 health & human service providers through the West Towns Network. 600 requests for help were answered.

90 families received financial assistance from one or more of our benevolence funds

145 volunteers provided over 600 hours of community service through the Community Care Team

140 Early Childhood students and their families received 214 hours of support and training through the Family Nurturing Program

Over 1025 people received grief support through one of Conley Outreach's programs.

2010 Highlights

Good Grief Day Camp

Conley Outreach offered its first Good Grief Day Camp, *Your Unique Grief Journey* June 25-29, 2010 at the Conley Farm. Ten children ages 6-12 who had lost a parent or sibling to death attended this nonresidential camp, where the healing elements of music, theater, art and nature were used to help them understand and process their grief experience. It was a life changing week for campers and staff alike!



Volunteer & Donor Reception

Conley Outreach honored the contributions from its donors and volunteers at a Conley Farm reception, May 16, 2010. Over 50 supporters attended this informal reception, where the **2010 Angel Awards** were presented. This year's winners were: *Neil Wallner* (individual award) for financial support of Holiday Spirit through his annual Turkey Gobbler Basketball Camp; *Rich's Auto Service* (corporate award) for their monthly financial support of the Good Samaritan Fund; and *Paisano's Pizza & Grill* for their ongoing financial support and donations to Conley Outreach programs and events.

New Office Location

In the fall of 2009, Conley Outreach moved its Sugar Grove West Towns Office from 76 Main Street to 54 Snow Street in the new Sugar Grove Township Building. Our suite includes two staff offices, an intimate counseling office, work room and large storage room and was custom built for our specific program needs. We share a conference room with the Township as well as a commitment to expand client services in Sugar Grove.

Financial Support to Area Families

In these tough financial times, Conley Outreach has stood in the gap for many struggling families. In FY2010 we helped 90 families with rent/mortgage payments, food, medical bills, utility bills, medicine, gasoline, counseling services and other critical needs. Over \$22,460 was distributed from the Good Samaritan Fund, Salvation Army Fund or the Holiday Spirit Emergency Assistance Fund.

"Thank you so much for helping my son and I out with the electric bill. It was hard to ask for help, but you made it easy to accept it. It was a blessing! You are an angel! Thanks."

"My husband and I so appreciate all the help [you have given us] with the bills, gas cards and food. I truly don't know what we would have done without you! God used you in a HUGE way! Thank you eternally."

Finacial

STATEMENT OF FINANCIAL POSITION JUNE 30, 2010 AND 2009

ASSETS

	2010	2009
CURRENT ASSETS		
Cash	<u>\$ 20,622</u>	<u>\$ 20,176</u>
TOTAL CURRENT ASSETS	<u>20,622</u>	<u>20,176</u>
FIXED ASSETS		
Equipment	<u>5,637</u>	<u>0</u>
TOTAL FIXED ASSETS	<u>5,637</u>	<u>0</u>
TOTAL ASSETS	<u>\$ 26,259</u>	<u>\$ 20,176</u>

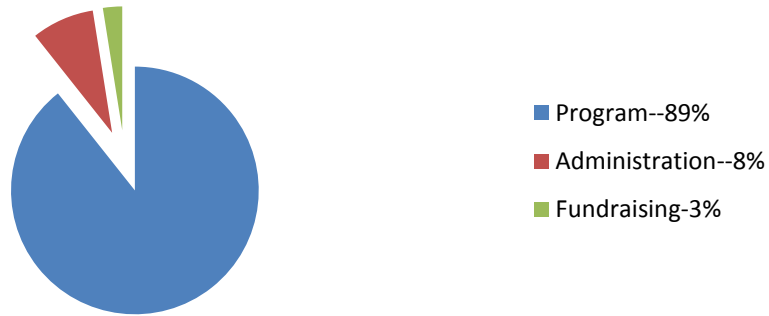
LIABILITIES AND NET ASSETS

TOTAL LIABILITIES	<u>\$ 0</u>	<u>\$ 0</u>
NET ASSETS		
Unrestricted	22,136	18,251
Temporarily Restricted	<u>4,123</u>	<u>1,925</u>
TOTAL NET ASSETS	<u>26,259</u>	<u>20,176</u>
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 26,259</u>	<u>\$ 20,176</u>

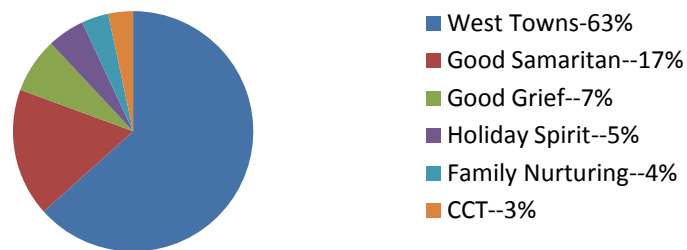
(Conley Outreach's Financial Records audited by Knutte & Associates, P.C. in 2009 and 2010)

Financial

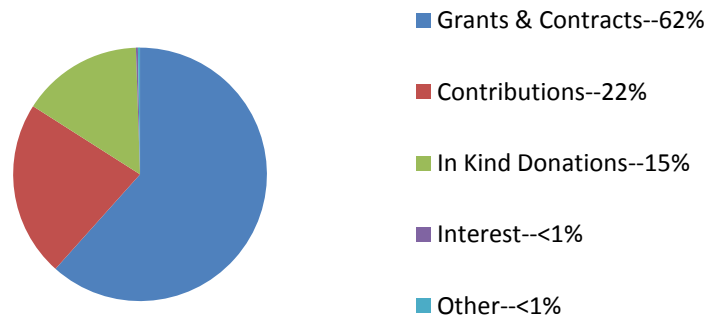
Total Expenses--\$105,474



Program Expenses--\$94,218



Income--\$111,557



Funders and Donors

Granting Agencies

Inc. Board, NFP
United Way of Central Kane
County
Hoofbeats & Heartbeats
Sara Lee Foundation

Founders (\$1,000+)

Stu and Cathy Buck
Compton Family
Helen Karam
Ronald & Bridget Link
Martin Kunkel
Joseph & Virginia Kuzniar
Roger Mangers
Rich's Auto Service

Benefactors (\$500-\$999)

Robert & Sandra Jester
Kaneville United Methodist
Church
Kaneville United Methodist
Women
Jennifer Taylor
Brooke Wright

Donors (\$250-\$499)

Al & Marjorie Anderson
Heather Coulter
Elburn Community
Congregational Church
Elburn Fire Department
Chuck & Nadine Flint
Katherine Goldstein
Al & Karon Miller
Nancy Olsen
David Ott
Sugar Grove Chamber of
Commerce
Sugar Grove Senior Citizens
Dave and Lynette Werdin

Contributors (\$100-\$249)

Alice's Place
Barbara Angenendt
Tom & Julee Barkauskas
Jim Berringer
Blackberry Masonic Lodge
Robert Burkholder
Kit Compton
Elburn Market
Steve & Janet Hauser
Carolyn Hughes
Bob Jass Chevrolet
Rita & Gary Johnson
Kaneland WINS
Kaneville Classics 4H
Elfriede E. Karsch
Kathy Kovach
Dr. Harry Krauspe
Judith LeBlanc
Ron Limbrick
Page & Carol McCloud
Rich & Nancy Moeller
Dorothy Ogle
Sharon Olsen
Rich & Becky Preussler
Jim Ratos
Tom & Ethel Reynolds
Tom & Janet Runty
Polly Ruzic
Dan & Susan Ryan
Ron Sanders
Dan Schleifer
Sugar Grove Township
Leland Thompson
Jason & Heather Turner
Alverna Vaughn
LaVerne Weiland
Pat White Construction
Karen Wootten

Partners (under \$100)

Amazing Grace Antiques
Mary Anderson
Sheri Baum
Diane Berquist
Jeanne Bisztriczky
Susan Black
Debbie Boor
Brownies Gutters
Rita Campbell
Holly Cherry
Norma Crawford
Angela Davis
Sheri Deraedt
Jon & Sue Diaz
Martin Donley
Stephanie Douglas
William & Kari Dunteaman
Elburn Hill Church
Robert Farley
Kristine Martinez Farrell
Barbara Fetzner
Glen & Julieann Fuchs
Dennis Gaw
Kathryn Gengler
Michelle Gilroy
Ann Gliddon
Barbara Greene
Donna Griffin
Ken & Mary Gustafson
Alan Guthke
Sharon Henderson
Stephanie Herrmann
Hosanna! Preschool
Kristy Hudgens
William Jacob
Elaine McNair Johansen
Carol Johnson
Kaneville Tree Farm
Jeanette Klotz
Karen Kogos
Marcia Konen
Mark Kurtz
Donna Kruse
Sophia Kyriazis

Leanne L’Huile
Blen & Perry Lakin
Jeannine Lane
Lea Ann Larson
Janice Lutter
Janice & Kent Mahan
Sam & Darlene Marcusson
Frank McCannon
Frank McCannon III
Rose & Lee Mell
Lisa Merigold
Daniel Meyer
Frederick and Linda Miller
Carol Molitor
Peggy Montgomery
Bill Montgomery
Jerry & Polly Murphy
Karla Nash
Lee Newton
Delores O’Connell
Mary Lucile O’Halloran
Margaret O’Neill
Stephanie Ortegel
James Otepka
Paisano’s Pizza & Grill
Carrie Petrie
Leon Phelps
Ted & Norraine Phelps
Jane Phillips
Anna Richards
Jerome & Mary Richards
Dave Rissman
Audrey Ritchey
Polly Ruzic
Diana Sabal
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TFK Inc.
Lonna Schmidt
Ken & Sue Schultz
John Shields Elementary
Christopher Stevens
John Storniolo
Dana & Kay Titus
Rose Turnibiaites
Catherine Whiteside
Jean Williams
Lora Windsor

Donations In Memory Of

Joseph Bisztriczky
David Compton
Margaret Goldstein
Dorothy James
Lee Vaughn
Josephine Weiland

In-Kind Donations

Blazing Prairie Stars Barn
The Coffman Family
Heather Coulter
Great Lakes Leadership
Campus
Barb Hollmier
Kaneland WINS
Brant Kieske/Edwards
Engineering
Marcy Konen
Mary Konen
William King Jr., Attorney
MKC Systems, LLC
John Novak & Sons
Bill Olsen
Nancy Olsen
Paisano’s Pizza & Grill
Schollmeyer Landscaping
Sugar Grove Township
Sue Schultz
TFK Inc.
Neil Wallner
Gary Williams
Tom & Mary Williams
Al Withey